



"CPCA/ACAP"

Canadian Police Chaplain Association  
Association Canadienne Des Aumôniers De Police

Summer/  
L'Été  
2017

THE CHAPLAINS CHAIN  
NEWSLETTER  
LE LIEN DES AUMÔNIERS  
LA NOUVELLE



## From the President's Desk



Rod Willems,  
CPCA President

Greetings to all of you.

I hope that this brief letter finds you "struggling well." The first question asked of me in my ordination interview for pastoral ministry was, "Are you struggling well?" My immediate response was, "What kind of question is that?" "Don't you want to know if I have my beliefs all lined up?" The response was, "Sure, but we want to know if

you are being realistic about some of the challenges and struggles that you will encounter because of the path you've chosen." Then it hit me. It was a great question. Sure, I know many answers to many questions, but I find that there are many circumstances in life where there are no "quick fix" answers.

There are many times in life that we simply cannot know; if a solution is around the corner; if healing will come quickly; if we can break through into another person's painful experiences or past; if we can trust God fully when we cannot explain the struggles of life without becoming fatalistic. "Struggling well" is a call to faith, trust, and peace. I believe that these are some of the most powerful gifts we can bring into the lives of the men and women we are called to serve. As they see and hear from us, and as we demonstrate the power of faith, trust, and peace, I believe God empowers them with hope that they can walk forward through the fires of adversity that they face. So, "Are you struggling well?"

(Please see President's Desk →page 2)

### Inside this issue

CPCA Golf Shirts.....	2
CPCA ATS Sponsorship Information..	2
CPCA ATS "Behind the Seen" .....	2
CPCA ATS Registration.....	3
ATS Sponsorship Form English.....	4
SAF Demande de parrainage.....	5
Regina Police Hosts Training.....	6
New CPCA Secretary/Treasurer.....	7
On The Lighter Side.....	7
From the Editor's Desk.....	8
Contacts for CPCA Executive.....	9

### Special points of interest

Our CPCA Annual Training Seminar is Approaching Quickly! Lots of details inside.

**CPCA Dues after March 31 are \$75.**

Please make cheque payable to:  
Canadian Police Chaplains Association  
c/o Brian Krushel, Registrar  
2803 – 55th Street  
Camrose, Alberta T4V 4A3

(→ page 1 President's Desk)

I want to encourage you to do whatever it takes to attend the CPCA Annual Training Seminar in Saskatoon on October 23-27. There is a great curriculum available for both new and veteran chaplains. Two courses, CISM and ASIST, are being offered on a certification level. The ATS is also a great place to meet new friends and establish supportive relationships. Check out the registration information at [www.canadianpolicechaplains.com](http://www.canadianpolicechaplains.com). I hope to see you there.

Struggle well,

### Don't Miss This Year's Canadian Police Chaplains Association Annual Training Seminar:

#### "Behind the Seen"

October 23rd - 27th 2017 in Saskatoon, Saskatchewan.

Please join us as chaplains from F Division RCMP and Saskatoon City Police join together to provide a week of excellent ongoing training for Police Chaplains across Canada.

We are anticipating Natasha Szpakowski (former spouse of slain RCMP officer Marc Bourdage of Spiritwood) who was the keynote speaker at the 2011 CPCA ATS in Regina. Natasha gave a moving presentation to our cadre of Chaplains in 2011 and will share about her continued journey as a member of the RCMP and moving forward since the death of her husband Cst. Marc Bourdage.

<https://www.eventbrite.ca/e/canadian-police-chaplains-annual-training-seminar-tickets-34426843616>

\$350 for CPCA Members  
\$450 for Non-Members

### 2017 SASKATOON ATS – CPCA GOLF SHIRTS- \$40.00

Golf Shirts with the new CPCA logo will be available for sale to all attendees of the 2017 Annual Training Seminar for \$40.00 CDN. Shirts will be navy blue and will come in all sizes. This is a promotional deal for ATS attendees only. We do not have a process set up for shipping and handling of the shirts. Contact for shirts - [rodwillems@gmail.com](mailto:rodwillems@gmail.com)

Sales will be by pre-purchase only and will be delivered at the ATS. DEADLINE FOR PURCHASE IS SEPTEMBER 22<sup>nd</sup>. One month manufacturing time is required. An order form is available on the CPCA website. Payment will be through e-transfer. Chaplains who don't have access to e-transfer can download the order form and pay by cheque. **PLEASE NOTE: Eventbrite registration number will be required for completion of order/sale.**



Hello Everyone,

Are you thinking about attending your first CPCA Annual Training Seminar this October? Sponsorship is available for first-time attendees. See page 4 or view the application form on our website. The sponsorship details are explained on the forms.

Bonjour à tous

Vous trouverez ci-joint (page 5) des formulaires de demande pour toute personne qui pourrait être la première fois. Les détails du parrainage sont expliqués sur les formulaires.

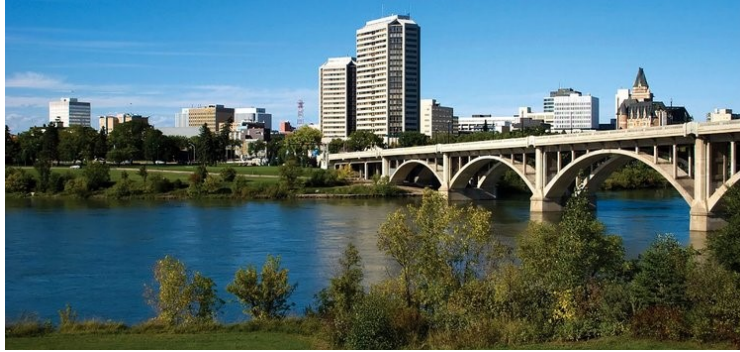
Bonne chance.

<http://www.canadianpolicechaplains.com/annual-training-seminar-sponsorship/>

Please Join Us for the CPCA Annual Training Seminar 2017  
To Be Held in the beautiful bridge city of Saskatoon, Saskatchewan

**"Behind the Seen"**

**Dates – October 23-27, 2017**



**Now is a good time to make plans to attend!**

**Here's how you can register:**

1. Go online to [www.canadianpolicechaplains.com](http://www.canadianpolicechaplains.com)
2. Click on "Training"
3. Click on "Annual Training Seminar"
4. Click on "Registration" and that will take you to EventBrite and walk you through the registration and payment protocol. You will also find hotel reservation info and the agenda for the week. The ATS planning team has done an excellent job and hope to see many of you there.

Chaplains who have paid their annual membership dues (THANKYOU!) will pay \$350.00 for the ATS.

Those who have not paid their annual membership dues will pay \$450.00.

**Any questions about the Saskatoon Annual Training Seminar should be addressed to Chaplain Kendall Shram at [kshram@gmail.com](mailto:kshram@gmail.com)**

It's not too late to pay your dues - they're only \$75, so paying dues would save you \$25 on registration for the ATS. Membership dues are separate from ATS registration. Cheques for membership dues are to be made out to "CPCA" and should be sent to Brian Krushel. See contact info below.

If you have general questions about CPCA membership feel free to contact:

**Brian Krushel, CPCA Registrar**  
2803-55th St  
Camrose, AB T4V 4A3  
w: [780-672-3461](tel:780-672-3461) c: [780-679-9032](tel:780-679-9032)  
[b.krushel@gmail.com](mailto:b.krushel@gmail.com)

Check for updates on our CPCA website: <http://www.canadianpolicechaplains.com>



Canadian Police Chaplain Association  
Association Canadienne Des Aumôniers De Police

## Annual Training Seminar Sponsorship Application

**Purpose:** The purpose of this sponsorship is to encourage attendance at the Annual Training Seminar by CPCA members that have not attended before.

**Background:** The sponsorship was approved during the 2013 annual business meeting of the CPCA. The sponsorship will provide for up to five (5) first-time Annual Training Seminar attendees.

**Criteria:**

- Applicant has paid annual dues
- Applicant has not attended any prior Annual Training Seminars
- Sponsorship will cover the total Registration cost for the applicant (does not include transportation, accommodation, incidentals, or costs for spouse)
- Application must be received by the CPCA Registrar no later than thirty (30) days prior to the beginning of the Annual Training Seminar
- All applications will be reviewed and adjudicated by the CPCA Executive
- Applicant will include a cover letter demonstrating need for funding
- If applicant has a Supervising Chaplain, application must be signed by Supervisor prior to submission
- A maximum of one applicant per province/territory will be awarded

### Canadian Police Chaplain Association Annual Training Seminar Sponsorship Application

Name of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_

Province/Territory \_\_\_\_\_ Postal Code \_\_\_\_\_

Email address \_\_\_\_\_ Best Phone # \_\_\_\_\_

Present Chaplaincy Position \_\_\_\_\_

Supervising Chaplain's Name (if applicable) \_\_\_\_\_

Supervising Chaplain's Signature \_\_\_\_\_ Date \_\_\_\_\_

Send Application to Chaplain Brian Krushel,  
CPCA Registrar  
2803-55<sup>th</sup> Street  
Camrose, Alberta T4V 4A3  
Email: [b.krushel@gmail.com](mailto:b.krushel@gmail.com)

#### For Processing

Date received \_\_\_\_\_

All criteria met Yes \_\_\_\_ No \_\_\_\_

Date Applicant Notified \_\_\_\_\_

Other notes:



Canadian Police Chaplain Association  
Association Canadienne Des Aumôniers De Police

## Association Canadienne Des Aumôniers De Police

### Séminaire annuel de formation Demande de parrainage

**But:** Le but de ce parrainage est d'encourager la participation à la Séminaire annuel de formation des membres de la CPCA qui n'ont pas assisté auparavant.

**Contexte:** Le parrainage a été approuvée lors de la réunion annuelle de 2013 des affaires de la CPCA. La commandite fournira jusqu'à cinq (5) pour la première fois les participants Séance de formation annuelle.

**Critères:**

1. Le demandeur a payé les cotisations annuelles
2. Le demandeur n'a pas assisté à des séances de formation annuelle avant
3. Le parrainage couvrira le coût total d'enregistrement du demandeur (ne comprend pas le transport, l'hébergement, les frais accessoires, ou les coûts pour le conjoint)
4. La demande doit être reçue par le registraire CPCA au plus tard trente (30) jours avant le début de la Séminaire annuel de formation
5. Toutes les demandes seront examinées et jugées par l'exécutif CPCA
6. Le demandeur comprendra une lettre de motivation démontrant un besoin de financement
7. Si le demandeur a un aumônier superviseur, demande doit être signée par le superviseur avant la soumission
8. Un maximum d'un demandeur par province / territoire sera attribué

#### Association canadienne des aumôniers de police Séminaire annuel de formation Demande de parrainage

Nom de Applicant \_\_\_\_\_

Date de \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_

Province / Territoire \_\_\_\_\_ Code \_\_\_\_\_ postal

Envoyer address \_\_\_\_\_

Meilleur Téléphone # \_\_\_\_\_

Présent Aumônerie Position \_\_\_\_\_

Superviser le nom de l'aumônier (le cas échéant)

\_\_\_\_\_

Superviser Signature \_\_\_\_\_

Date de l'aumônier \_\_\_\_\_

Envoyez la demande à l'aumônier  
Brian Krushel, greffier CPCA  
2803-55th rue  
Camrose, Alberta T4V 4A3  
Email: b.krushel@gmail.com C: 780.679-9032



## Regina Police Service Hosts Three Day Training Seminar

### By Chaplain Blair A. Dixon

The Regina Police Service (RPS) decided, more than 20 years ago, to incorporate the services of volunteer chaplains into their organization. Consequently, two chaplains were recruited at that time. The RPS now has four active volunteer chaplains.

Over the years, the RPS chaplain team has received support and encouragement in their effort to provide quality services. It has been beneficial, in that attempt, to receive the opportunity for the specialized training offered through membership with the ICPC and CPCA seminars. Fortunately, we have been able to enjoy these seminar opportunities through the leadership of the RPS Executive Officer and the respective RPS budget allowances. Most years, at least one of our chaplains attends either or both annual seminars. Two of our chaplains attended the ICPC 2016 ATS. However, our budget did not permit any attendance at the CPCA 2016 ATS.

In the past, the RPS has invited police chaplains in Saskatchewan to a one/two day seminar in Regina for training and fellowship. However, this was discontinued when interest started to wane.

The RPS Executive Officer is very committed to the need to secure specialized training for our chap-

lains. We currently have one chaplain who is interested in receiving training but has not attended a seminar. Recently, there have been a number of new chaplains associated with municipalities throughout Saskatchewan, who are interested in attending a training seminar. As the lead RPS chaplain, I suggested to our Executive Officer that the RPS offer to sponsor a three day seminar in Regina for police chaplains. Our Executive Officer agreed.

---

*"It has been beneficial, in that attempt, to receive the opportunity for the specialized training offered through membership with the ICPC and the CPCA seminars."*

---

I was in the process of becoming a 'certified trainer' with ICPC. In addition, the RPS had a team of 'certified trainers' in Critical Incident Stress Management (CISM). We were confident that together we possessed the appropriate qualifications to offer two introductory (police chaplain) sessions and eight CISM sessions (the latter providing certification).

**(Please see Regina Police Service Hosts →page 7)**



## Regina Police Service Hosts Three Day Training Seminar (Cont.)

### (→page 6 Regina Police Service Hosts)

Along with the presenters, there were seven RCMP chaplains, seven Municipal police chaplains and two police officers (Moose Jaw) in attendance during the 13-15 March 2017 RPS Police Chaplain Seminar. Registration was on Monday at 1300 hours and we held two sessions (Ethics & Values/ Police Culture) in the afternoon. A local congregation provided supper and we gathered in the evening for refreshments and fellowship. It was during that time that we received speeches of welcome, along with an interactive discussion on funerals with a partner from Speers Funeral Chapel.

The eight CISM sessions were presented by Sgt. Hans Larsen (RPS) on Tuesday and Wednesday. We were very fortunate that the Speers Funeral Chapel also provided a special dinner on Tuesday evening. The Regina Police Service and the Saskatchewan Federation of Police Officers provided the lunch and refreshment breaks during these two days. This greatly assisted in keeping the

costs of the registration limited only to the required CISM material and miscellaneous expenses.

Those who were in attendance received valuable information. They had the opportunity to network with other police chaplains in the province for support and encouragement. It was also an opportunity for the new chaplains to hear about the value of membership with the two associations and learn about the upcoming CPCA ATS to be held in Saskatoon later this year.

Regina Police Service Chief Evan Bray and Executive Officer Inspector Sheree Ortman attended portions of the event. Chief Bray recognized the importance of the seminar and expressed interest in exploring the possibilities of organizing another similar seminar in 2018.

Chaplain Blair A. Dixon

Regina Police Services

### On The Lighter Side

A cop with a drug sniffing dog said to me,  
"This dog tells me you're on drugs."

I said, "I'm on drugs? You're the one talking to the dog."

—Submitted by Chaplain Roxzena Hayden

What do you call security guards  
working outside Samsung shops?

Guardians of the Galaxy.

—Submitted by Chaplain Roxzena



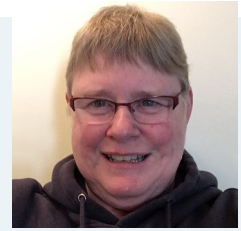
### CPCA Welcomes New Secretary/Treasurer

Fr. John Tyrrell has joined the CPCA Executive as the new Secretary/Treasurer. Fr. John lives in Jarvie, AB and will be introduced to those attending the ATS in Saskatoon in October. His contact information appears on the last page of this newsletter along with his photo.

Special thanks go out to Chaplain Gord Demchuk for the time and energy spent on our behalf as our past Secretary/Treasurer; you did a tremendous job! Without the dedication of our Executive Members the CPCA would not be able to accomplish its mission.

## From the Editor's Desk

Everywhere I go people have trouble remembering the abbreviations . Even when they know what they are trying to say, they stumble over the order of the letters and often look slightly embarrassed by their unfamiliarity. CISM, ASIST, R2MR. As chaplains we may not recall the acronym, but we benefit greatly from the training and practising the skills taught in these essential courses. For those who would like a quick refresher, here it is—just in time to prepare for our upcoming Annual Training Seminar in October.



**CISM**—Critical Incident Stress Management takes different forms but is usually based on the Mitchell model. Developed as a way to provide assistance to those who have been, or are likely to be, exposed to traumatic or critical incidents, it consists of education about the effects of critical incident stress, and provides defusings and debriefing immediately following such things as the deaths of co-workers, children, witnessing the death or mutilation of an offender, or experiencing the threat of personal serious injury or death.

**ASIST**—Applied Suicide Intervention Skills Training is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety (<https://www.livingworks.net/programs/asist/>). With the stats available showing the prevalence of suicide among law enforcement officers, this knowledge is crucial.

**R2MR**—Road to Mental Readiness is a program designed by the Mental Health Commission of Canada in partnership with the Department of National Defence with the purpose of reducing the stigma surrounding mental health issues and promoting resilience. Police forces across Canada, including the RCMP, have rolled out this training to their members in the last few years. Chaplains are encouraged to practice the skills taught in this training as a means of self-care.

These courses provide the groundwork for ministering compassionately and effectively to people who are impacted by trauma and stress, including operational stress. For law enforcement chaplains, they are the bread and butter of our trade, the tools that will allow us to provide support and encouragement to the police officers we seek to serve with excellence. They also provide us with the language to communicate with police officers who are becoming increasingly conversant about taking care of their mental health.

It has been said that we are Velcro, not Teflon. The importance of self-care cannot be underestimated for police chaplains. As we walk alongside the women and men who enforce our laws and keep the peace in our society, we often are witnesses to traumatic events either in person or through the stories we hear. We cannot be present for others if we do not care for ourselves. Look for opportunities to take these courses either for the first time or as refreshers. You will not be disappointed by what they offer.

Our CPCA Annual Training Seminar is a great place to meet for fellowship and the exchange of knowledge. These three courses will be part of the training offered this year in Saskatoon. Check out the schedule online at <https://static1.squarespace.com/static/5747aff0d51cd4458a79f111/t/591a57d63e00be7d4f8d1cd1/1494898647132/Agenda+CPCA+2017+3.pdf>

I hope to see you all there! In the meantime, enjoy your summer.

Chaplain Marion Jamer, Editor  
"J" Division RCMP (St. Stephen, NB)



## Don't Forget To Pay Your 2017 CPCA Dues. After March 31, \$75.

CPCA dues prior to March 31 are \$60, thereafter are \$75.

Please make cheque payable to:  
Canadian Police Chaplains  
Association  
c/o Brian Krushel, Registrar  
2803 – 55th Street  
Camrose, Alberta  
T4V 4A3

## We Are Looking For Your Stories and Input

If you have a story to tell about your experiences with police chaplaincy, consider writing a short article to share with other chaplains.

Have you read a good book or do you know of an upcoming training event in your area? Deadlines for our quarterly publications are the 15th of March, June, September and December. We would like to hear from you. Submissions may be sent to:

marion.jamer@gmail.com

## VOS REPRESENTANTS-EXECUTIF/EXECUTIVE



### President / Président

[Chaplain Rod Willems](#)

11921 106 St., Grande Prairie, AB., T8V 7N5

Work: 780-532-8836

Home: 780-882-6402/Cell: 780-380-0910



### 1st Vice-president / 1er Vice-president

[Chaplain Richard Vander Vaart](#)

69 Flora St., St. Thomas, ON N5P 2X7



### 2nd Vice-president / 2ieme Vice-president

[Chaplain Katherine Bourbonniere](#)

39 Osprey Way, Lawrencetown, NS B2Z 1M5

Work: 902-462-1818



### Membership / Societariat

[Chaplain Brian Krushel](#)

2803-55th Street, Camrose, AB, T4V 4A3

Work: 780-672-3461/Cell: 780-679-9032



### Secretary/Treasurer / Secrétaire/Trésorier

[Chaplain John Tyrrell](#)

PO Box 223, Jarvie, AB T0G 1H0

Cell: 780-294-9072

Email: frjohntyrrell@hotmail.com



### Past President / Passé Président

[Chaplain Les Schrader](#)

4221 Kendall Av., Port Alberni, BC, V9Y 5H9

Cell: 250-720-3077 / Home: 250-723-9117

