



“CPCA/ACAP”

Fall/
Automne 2018

Canadian Police Chaplain Association
Association Canadienne Des Aumôniers De Police

THE CHAPLAINS CHAIN
NEWSLETTER
LE LIEN DES AUMÔNIERS
LA NOUVELLE



Richard T. Vander Vaart

From the President's Desk

Greetings fellow Chaplains:

This afternoon, Labour Day Monday, I was on Highway 403 heading back to my home in Ingersoll, ON. A massive thunderstorm blew through the area I was traveling. In the space of just a few kilometers two accidents happened on the highway ahead of me. The van I was in had to stop so that police vehicles, fire trucks, ambulances and paramedics could thread their way through the

congested highway traffic and get to the scene of the accident. While my fellow passengers sighed and complained, I had a sense of the urgent challenges those first responders faced. The first accident was a single vehicle accident. Yet it was obvious there were people in distress in the car and at the scene. After about 15 minutes or so, the van I was in crawled along with traffic past the terrible scene.

Not five kilometers further there was another accident. Our speed went from over 100 KM per hour to a dead stop. Again, emergency vehicles had to thread their way through heavy highway traffic that had haphazardly managed to stop without getting mixed up into the mangled wreckage. This time our stop was more than 30 minutes long and it appeared that there were two vehicles involved. One car was quite damaged, and it seemed to have skidded 180 degrees to a stop in the grassy median facing on-coming traffic. The other vehicle was a van and it seemed that it had crossed the highway and two of its doors were ripped off. One of the doors was in the grassy median, about five
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Special point of interest

The CPCA Annual Training Seminar to be held October 22-28 will be held at OPP Headquarters in Orillia, ON featuring OPP Commissioner Vince Hawkes as guest speaker at the annual banquet, and will be hosted by Director of OPP Chaplaincy Mariush Runeivch. Check out our CPCA website for details: <http://www.canadianpolicechaplains.com/annual-training-seminar>

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meters from the car. Something terrible had happened and we speculated it happened in the height of the storm when the windshield wipers couldn't move fast enough to clear the sheets and sprays of water.

As chaplains we are so thankful that our first responders wade into terrible scenes and help those who are distressed, broken and bewildered. As chaplains we have to admire the professionalism, the courage and the compassion that compels them to care for others. As chaplains, we pray that these first responders will be able to rid themselves of the evils they have witnessed at all the scenes to which they are called in the normal course of their duties. As chaplains when we meet with members of the policing community, we speak life and hope into their minds and hearts so that they can leave work and go to their family or friends having had some of the horrors of the last shift eased from their mind's eye.

What raft of awful events happened this summer! Recently it was widely reported here in Ontario that three police officers took their own lives. The Ontario Provincial Police Commissioner, Vince Hawkes (who will be addressing those of us who will be attending the October ATS in Orillia) recently spoke to the media. Hawkes emphasized again the great need for mental health help.

Let me emphasize that chaplains are a great resource and help to the officers and agencies where we serve. It often happens that we are working away from the notice of official channels and serve behind the scenes making an impact that is beyond measure.

Those suicides took place after the disastrous day in August in Fredericton, NB, where two officers and two civilians died in one day. That one disastrous day took place a few weeks after the highly publicized shootings that took place in Toronto, earlier in the summer.

More than ever our police officers along with the other first responders are under tremendous pressure and public scrutiny and in many cases public scorn. Do not ever doubt your prayers make a huge difference. Believe that your emails and visits mean so much. Realize that when you walk into a room or go for a ride along or have a coffee with one of those serving in the ranks of our policing services, you are a knowledgeable, caring, presence that brings great value and compassion to every conversation and

interaction.

The late spring and summer months have been very busy ones. Here are a few things to highlight:

1. As your representative at the International Conference of Police Chaplains, I had the privilege of attending their Annual Training Seminar in Lexington, KY. One of the speakers noted for every police line of duty death in the US there are 4 police officer suicides. Some are very public, but very many are hidden away and not spoken of. This speaker, Dr. Robert Douglas, Jr., who is the Executive Director of the National Police Suicide Foundation, Inc., noted that the cause of death is often obscured by medical examiners. Douglas, based on his research, suspects that Canada might have a similar ratio of four suicides for every line of duty death. How sobering. How urgent is our task.
2. The Canadian Police Chaplain Association Executive has served as the nomination committee and is prepared to present two very qualified candidates for the openings on our Executive. Their names and biographical information will be released closer to the ATS so that our membership can make an informed voting decision.
3. Some of our chaplains and a representative from our Executive have been working with a police agency in helping them put together a chaplaincy program. In the early months of 2018 this police agency's membership voted 100% in favour of setting up chaplaincy. This agency then contacted the CPCA for advice; and input. It has been a joy to walk through this exciting process.

And then, kudos to the Orillia Planning Team for their great work in putting together the 2018 ATS. Some of our membership noted that it was difficult to distinguish basic courses from advanced courses. The basic courses which can be used towards the Basic Certification of a chaplain have now been highlighted. It is the plan of the Executive to continue working closely with local planning teams so that Basic Certification can be achieved when a chaplain attends two consecutive Annual Training Seminars. Sincere thanks go out to our ATS Liaison executive member, Roxzena Hayden, for her wonderful work with our local planning teams.

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Finally, as Interim President, I must say it is a delight and great privilege to work with the team we have on our Executive.

- **Rod Willems** as our past president has a wealth of experience and much information right at his fingertips.
- **Michael Rolph** stepped in this year as our vice president. He immediately started the executive portfolio ecumenism and interfaith considerations. It is important for the Executive to create an atmosphere within our organization that is more open to chaplains of various religions, creeds and backgrounds.
- **Brian Krushel** as our registrar is so faithful in keeping our records up to date and guiding new chaplains through the process of getting signed on.
- **John Tyrrell** is an asset as our secretary-treasurer. What a great gift it is to have minutes reliably prepared and the financial statements brought up to date.
- **Katherine Bourbonniere** has worked hard on helping our executive with her area of expertise in education and making sure our Education Standards are uniform year to year and advising the Executive on ways to present the basic course material.
- **Roxzena Hayden** has, with joy, put in a lot of work alongside the ATS planning team in Orillia so that the experience will be a great one for all who attend.

It will be a great pleasure to see you at our ATS in Orillia. There is still time to register so you can network with other chaplains, take in great courses, and be involved in the Annual General Meeting. As you bless and encourage those whom you serve, may each one of you also be experience great blessing and encouragement.

Shalom.



Richard T. Vander Vaart
President of the Canadian Police Chaplain Association

In Memoria



[The CPCA wishes to extend sincere condolences to our police families on the deaths of two Fredericton Police Force members.](#)

On August 10, 2018, Cst. Sara Burns, 43, and Cst. Robb Costello, 45, of the Fredericton Police Force were killed in the line of duty by a shooter who also took the lives of two civilians.



The Burns family issued a statement that "she absolutely loved her job and went to work each shift committed to serving this great community." A wife and mother of three boys , she had recently attended police college and followed her dream of becoming a police officer.

Costello , a twenty year veteran, was remembered as a "gentle and compassionate" man who always had a smile on his face. He left behind a spouse and four children.

A regimental funeral was held in Fredericton, NB on Saturday, August 18 at the Aitken Centre, with thousands in attendance.

[The CPCA also wishes to extend sincere condolences on the death by suicide of three OPP officers.](#)

Sgt. Sylvain Routhier, Detective Inspector Paul Horne and an unnamed officer are remembered for their service.

Orillia 2018 ATS Schedule

Canadian Police Chaplain Association Annual Training Schedule October 22 – 26, 2018 "Learning from Those We Serve"

Time	Monday Oct 22	Tuesday Oct 23	Wednesday Oct 24	Thursday Oct 25	Friday Oct 26	
Host of the day (A Member of the Executive)		EXEC member	EXEC member	EXEC member	EXEC member	
0700	Executive meeting with ATS Planning Committee	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
0800 - 0830		Morning Reflection	Morning Reflection	Morning Reflection	0830-0930 Memorial Service	
0830 - 1000	CPCA Executive meeting	8:30-0915 Welcome				
		Police Mission Afghanistan	OPP Wellness (CISM)	Ecumenical and Inter-Faith Ministry	Diversity Training	
1000 - 1015		BREAK	BREAK	BREAK		
1015 - 1200		Liability and Confidentiality includes Ethics	OPP Wellness (Suicide)	Ethical Responsibilities	Diversity Training	
1200 - 1300		LUNCH	LUNCH	LUNCH	LUNCH	
1300 - 1430	REGISTRATION	Police Officers and their Families	Disaster Response (Part 1)	OPP Canine Unit	The Role of the Chaplain	Criminal Investigation
1430 - 1445			BREAK	BREAK	BREAK	BREAK
1445 - 1630			The Impact on 911 Dispatchers	Disaster Response (Part 2)	Death Notification	Annual General Meeting
1700	DINNER (ON OWN)	DINNER (ON OWN)	DINNER (ON OWN)	BREAK		
1800 - 2000	Welcome Ceremony Meet & Greet	Social Event / Chaplain Debrief	Social Event / Chaplain Debrief	BANQUET		
BASIC Core Courses						
ADVANCED Courses						
BOTH						

OPP Headquarters in Orillia Will Welcome CPCA Members October 22-26

Plans are underway for the 2018 CPCA ATS and it is still not too late to register. For more details about the program and online registration go to <http://www.canadianpolicechaplains.com/annual-training-seminar/>

Location: Ontario Provincial Police Headquarters
777 Memorial Avenue
Orillia Ontario

"Learning From Those We Serve"

This year will feature diversity training, and sessions on such topics as Police and their Families, the OPP Indigenous Policing Program, impact on 911 callers, OPP canine unit, and officers involved in criminal investigations. There is something for everyone from basic to advanced level training.



Remembering Swiss Air 111

By Chaplain Cynthia Chenaud , Halifax Regional Police



I was asked if I would share my reflections on the 20th anniversary of the crash of Swiss Air 111 off our coast – September 2, 1998. I will not be able to put into words all the emotions and memories the anniversary brings back but here are a few thoughts.

First let me tell you that on September 2, 1998, I was not a police (RCMP) chaplain – on the morning of September 3, 1998, I was one. The congregation I serve is close to the Shearwater airbase used to house the morgue and plane part hanger. I went there that morning to see if I could help in some way. I was adopted by H Division chaplains by the end of the day. So this was my initiation into police chaplaincy.

On the 20th anniversary, I chose not to go to the service being held at Bayswater memorial site where the remains of 229 lost passengers and crew are buried. I chose not to go because I feel at some point, I need to let this all go. However, I did go to the site the Friday before the anniversary to pay my respects – it was quiet, no one there and a beautiful afternoon to sit, remember, pray and yes, give thanks.

I give thanks because, when I reflect back on the disaster, it is the people who come first and foremost to my mind. Yes, the 229 killed but also their family members, many whom I met over the course of the months of being involved. I give thanks for the members of the chaplain community, the first responders, the Ground Search and Rescue, the military, the morgue medical staff and plane technicians who worked tirelessly to provide answers to grief-stricken families and shocked local folks. It is the people, the gift of community, I remember.

It is the people I remember: the young man who worked as a lifeguard on the rocks at Peggy's Cove, tossing flowers into the sea because it was too dan-

gerous for family members to get too close to the water; the RCMP officers who painstakingly catalogued every piece of jewelry, wallets, photos and other personal effects recovered from the water; our then Medical Examiner determined to identify remains, no matter how small they may be, so every family would have something of their loved ones; the RCMP and civilian members on the phones, speaking with family members overseas, notifying them of the tragedy and hoping for DNA samples; the chaplains who spontaneously prayed with medical men and women as well as police personal in the morgue, in the plane-parts hanger, on the rocks and the wharfs at Peggy's Cove; the day I spent on the water with the pilot's widow and her children. Never have I felt the presence of God as deeply and richly than in those months with these people.

"It is the people I remember"

The stories many of us can tell, will tell and won't tell are endless. But after 20 years, it is the people. Many who I've not mentioned, like H Division EAP and those from other jurisdictions who came to care for the caregivers. The grace of God so very evident in the generosity of people – reaching out to one another and to strangers in compassion and love. That is what I reflect on, that is what I give thanks for on this anniversary.

Blessings all,
Cynthia

The Rev. Dr. Cynthia Chenaud has been a police chaplain for 20 years, beginning with the RCMP, "H" Division, where she served as Coordinating Chaplain after Father Lloyd O'Neil. Cynthia began with Halifax Regional Police in 2003. Although she is no longer an RCMP chaplain, she continues to serve with HRP. She has also served as president of the CPCA. Cynthia married to Jacques who is a member of Halifax Regional Police. She is minister at Iona Presbyterian Church in Dartmouth, NS.

Ride-along: a Window into the Nature of Police Work

By Chaplain Imran Ally, OPP



A law enforcement chaplain is a member of the clergy with a passionate interest for pastoral care in the challenging world of law enforcement. Such care is openly offered to all members of the service regardless of race, gender, orientation, religion or belief. There is no proselytizing – there is only care, in the sense of concern, attention, and support. When there are moments of confusion, events that can't easily be processed or reconciled, or a need to talk without fear of being judged – one of your friendly Peel Regional Police (PRP) chaplains is always there.

Ride-along programs are usually intended to improve police and public relations by familiarizing participants with what it entails to be a police officer. It's a great introduction to daily life on the police force. At PRP, the goal of all the chaplains is to become a valuable resource to all members. Among the ways of achieving this goal is through ride-alongs. An effective chaplain needs to be in tune with the complexities, challenges, and rewarding nature of police work. If chaplains are to remain worthy assets to the service, then pastoral frameworks and approaches must evolve as police work evolves.

On July 17, 2018 I had the opportunity to sit-along at the Communications Bureau and observe the type of work Call Takers and Dispatchers perform. Call Takers deal with a range of calls including medical emergencies, burglaries, family violence, disputes, fights and disorder, vehicle crashes, armed robberies, search and rescue operations, homicides, dangerous driving, missing children, civil disputes and theft. They then must succinctly ascertain details about what's happening, where, and finally making an initial assessment about the priority of the response before entering details into a database that Dispatchers then access. The Dispatchers then take this information and are responsible for getting police units to attend the call. This sophisticated system is continuous, rapid, and requires an acute skill for triaging and assigning priority in order to best serve the public.

At every shift, the members participate in both areas as Call Takers or Dispatchers as this helps to break up the time in this stressful area of work. This was such an insightful experience at the Communications Bureau to understand the process that calls undergo before they are dispatched for response. Mind blowing!

Perhaps Call Takers and Dispatchers will receive more of the same appreciation extended to other public safety employees.

By a week later, I realized that I hadn't had enough. On July 24, 2018 I decided to take to Lake Ontario with PRP Marine & Underwater Search and Recovery Units. The Marine & Underwater Search and Recovery Units of PRP are responsible for patrolling 310 square kilometers of Lake Ontario, including the Credit River and all bodies of water within the Region of Peel.

My time during this sail-along coincided with the weekly training of the officers which made it a very intriguing experience. This training affords officers to upgrade their skills on various aspects of their work through theory (classroom sessions) and practice (in/on the water scenarios).



Marine officers conduct scenario-based rescue training simulating a C-spine back/neck injury, by immobilizing/packaging patient with cervical collar and backboard then extracting from disabled vessel for safe transport to shore.

(Please see Ride-along→page 7)

(→ page 6 Ride-along)

I remain committed to these ride-alongs in the numerous areas within PRP to continue enriching my knowledge and my ability to diligently perform my duties as a worthy chaplain while serving the distinguished members of PRP.



Back row - left to right: Cst's Justyn Hart, and Kari Suutra, Sgt Greg Teague, Tac Medics Jason and Dom, and Cst Adam Nicol

Front row - left to right: Cst's Chris Stevens, Chris Furlotte, Darcy Pedersen, Mike Beveridge, Terry MacNeil and Chaplain Imran Ally

Imām Shaykh Imran Ally is a Chaplain (Muslim) with Peel Regional Police. He serves as the Official Imām and Shaykh (Scholar) in residence at the TARIC Islamic Centre, Toronto. He's also a Chaplain in Health and Sports. Ally was recently appointed to co-Chair the Sacred Spaces sub-committee for the 2018 Parliament of the World's Religions in Toronto.

The Lighter Side

Rock, Paper, Ticket

Do I lose when the police officer says papers and I say scissors?

Doing Time

Did you hear about the crook who stole a calendar? He got twelve months.

The Right to Remain Silent

The word tongue-twister champion just got arrested. I hear they're going to give him a really tough sentence.

These and other one-liners are found on the Reader's Digest website: <https://www.rd.com/jokes/one-liners/>

From the Editor's Desk

by Chaplain Marion Jamer

Enjoy the Journey

It was a blinding snowstorm that night I went for the ride-along. When the call came in about a teenager who had taken off from a party and was missing, the constable I was with sprang into action. Soon we were driving as quickly as the slippery back country roads would allow. We were both relatively new to policing. I could see the tension in his jaw and the stress was rising in me as well.

Suddenly, he reached over and turned on music from the local radio station. Soon we could both feel the anxiety levels calm down, even as we were intent on reaching our destination.

As we neared the location where the teenager had been seen last, things became more business-like. The constable was on high alert now, taking statements, talking with other officers, and focused on his mission to return the teenager to her home.

I learned something that day as I rode beside that Mountie. Although there were important, even life-saving things that needed to be done when we arrived, we were more effect because we had been able to enjoy the journey.

Life can be stressful. There may be difficult things to deal with ahead of us. But we will be better equipped to handle the chaos if we are able to find ways to enjoy the journey.

Marion Jamer is an RCMP Chaplain in "J" Division and lives in St. Stephen, NB. A wife, mother, and grandmother, her current project is learning to drive fire trucks.



The 7 Layers of Police Grief—Your friends and family won't understand your grief. Here's why.

By Cst. Troy Kneebone, Abbotsford Police Department

Editor's Note: This article is being reprinted in its finalized form with the permission of Cst. Troy Kneebone. He was one of the many police officers who marched in the regimental parade during the funeral for Fredericton Police Force officers Cst. Sara Burns and Cst. Robb Costello, around nine months after penning these thoughts about the impact of losing a fellow officer. For those of us who do not carry a badge, they are a reminder of the weight of grief felt by those we serve.

November 6th, 2017 is a day we will never forget. At approximately 1140 am, Constable John Davidson of the Abbotsford Police Department was responding to a report of shots fired by a suspect in a stolen vehicle at a local strip mall. Cst Davidson was the first officer to arrive and was tragically shot and killed by the suspect.

The news hit our department and our community hard. It is the first time an officer has been shot and killed in the line of duty in the department's history.

I was out of town the week this happened, and the distance apart from my brothers and sisters made the impact more difficult for me personally. As I sat alone in my hotel room I experienced a myriad of emotions. I have felt shock, disbelief, anger, and incredible sadness. It was one of the most difficult things I've ever had to deal with in my life.

As I worked through the emotions, I began to receive some messages of condolence from friends and family. They all meant well, but I quickly realized that most of them did not fully understand the immense weight and impact of this loss. Their messages said things such as "Sorry to hear about your coworker, that must be hard" or "Sorry for your department's loss". As I was finding it difficult to even function, to even leave my room, these messages just seemed trivial and trite. Reading them I struggled to understand why they were "missing it"; why they didn't quite "get it". I started to wonder if I was overacting; was my sorrow bigger and deeper than was warranted?

I began to analyze and examine my own grief and emotions and came to the realization that unless you are a police officer, you cannot possibly know what this feels like. It is not their fault that they don't understand; they truly want to, but it will not come naturally. The Police culture is very complex and

unique and this circumstance will **never** be experienced by "regular" people.

As I thought it through, I recognized and compiled this list of 7 unique components that I believe are **only** experienced by police officers. I called them "layers" because each one adds depth and weight to our grief. These layers make this so much more than "losing a coworker".

These points are not meant as a "scolding" or "finger pointing" saying "you don't understand". They are meant to help "regular" people understand the unique grief a police officer feels and to explain how this is so much more than just the death of a "coworker".

They want to help; let's give them the information they need to do it.

Layer #1- The Thin Blue Line -The police culture is a family. We don't talk about "coworkers", we call each other "members"; not because we are a member of a club, but because we are family members. This family is not limited to our own department; it applies to everyone who wears the uniform. We are all members of this family. When John's body was taken from the hospital to the morgue, over 100 police officers from neighboring cities came to Abbotsford to escort John for the 53 kilometer journey. And they did it again a few days later to bring him back home. Most of these were officers who didn't know John personally but thought of him as a family member.

Technically we are "coworkers" but when police officers work together it is a much different environment than a "regular" job. We band together, we stand shoulder to shoulder, watching each other's **(Please see Seven Layers of Police Grief →page 9)**

(→ page 8 Seven Layers of Police Grief)

backs while we face the evil most people never see. We fight together, we protect each other and we celebrate victories together. The experiences and stresses we endure together bind us in a way that cannot be duplicated.

Most people outside of policing don't think of their coworkers as family and do not have the strong ties to each other that we as police officers do.

Layer #2- It was Murder – This is difficult to say, and perhaps difficult to read, but John did not just "pass away" he was murdered. We didn't "lose" him, he was **taken** from us. He was taken simply because he was a police officer doing his job. There was no reason for this. John did not do anything that would cause someone to react in this way. He simply arrived at the scene of a crime and was murdered because he wore the uniform.

Most people don't get murdered at work for simply doing their job.

Layer #3- Vicarious Trauma. We have all had the thought this week, "that could have been me" and our spouses and families have all thought, "that could have been you". We replay what happened in our minds and imagine it was us. We think about the impact our own death would have on our families and our families think the same. The vulnerability and fragility of our humanness becomes very apparent. We are not indestructible Hollywood action heroes and any one of us could be in this same situation that John found himself in.

For most people, if a coworker dies (at home from a heart attack for example) they do not think, "that could have been me".

Layer #4- Survivor's Guilt. This goes hand in hand with #3. We all think about what we could have / should have done differently. We all replay it in our minds wondering, "If I had been there, could I have helped?" or "could I have prevented it?" And then we start looking for where to place blame thinking, "if only we had this equipment" or "if this policy was different", "if this training

was different".

Aside from suicide, most people will likely never experience "survivor guilt" when a coworker dies.

Layer #5- We are still open for business. We have to keep working. The normal, everyday policing calls are still coming in. We still have to deal with domestic disputes, assaults, thefts, robberies, neighborhood disturbances, traffic complaints etc. We can't just stop answering the phones, letting it go to voicemail advising we are closed until further notice. We do not have that option. We have to keep working.

In the "regular" workplace it is not uncommon for a business to completely shut down due to an employee death or tragedy.

Layer #6- Post Traumatic Stress (PTSD)- Due to the way the media will cover this and then move on to the next "story", most people will see this as an "event" or "incident"; something that occurred but is now in the past that we can move on from. They do not realize that our lives have been changed **forever**. We will be dealing with the impact of this for the rest of our lives.

Over the years as the pain eases, we will still deal with the unexpected waves of emotions as something seemingly benign triggers our memories. Every time we drive on "that" road we will be reminded. Every time we enter that strip mall, we will be reminded. Every time we see a black Mustang like the suspect drove we will be reminded. And each of us will have our own personal memories of John as well that can be triggered in ways that will be unique to each one of us. Sometimes we will be reminded while we are awake, other times while we sleep. Sometimes we will expect it, other times it will catch us completely off-guard.

Most people will not likely suffer PTSD after the death of a coworker.

Layer #7- Suck it up. Cops are the tough guys. We are not supposed to show our emotions. We have to fight through our emotions every single day. (→ page 10 Seven Layers of Police Grief)

(→ page 9 Seven Layers of Police Grief)

We are obligated to do this because people are depending on us. We cannot arrive at a disturbing scene and immediately fall apart with the others there. Often we have to pretend that we are ok even when we are not.

The policing culture has changed over the years as we have recognized that showing your emotion is healthy for the healing process. We are encouraged to seek help and it is crucial that we don't keep our emotions bottled up. However, although we have tried to remove the stigma, it is foolish to believe it doesn't still exist. We as cops are proud. We are proud of our profession and we are proud to protect the people we serve.

No one wants to admit they are struggling. No one wants their fellow officers to see them as "weak" or worry that they will break down in the middle of the next emergency situation.

Most people are allowed and expected to show their weakness, there is no "tough as nails", "larger than life" persona that they are expected to portray.

Conclusion

These are all things that make policing unique. Aside a soldier serving in the military, I am confident in saying there are no other jobs that contain all these layers. This is the reality we live in. This is the reality that we are grieving and mourning in. These are the factors that make our grief deeper and heavier than "regular"

people realize.

So what can we do? First off we need to support each other. This is not the time to lay blame, not the time to discuss all the "what if's"; this is the time where we need each other the most.

For our non-police family and friends, we need to explain these layers. Don't push them away because they don't "get it". Your friends and family **want** to get it. They want to help you. They want to support you. But it is up to us to show them how. It is our responsibility to help them understand the complexity and uniqueness of police grief. We owe it to our fellow officers so that we can heal and become better police officers for each other.

We owe it to John.

Troy Kneebone is a police officer with the Abbotsford Police Department, located in Abbotsford British Columbia Canada (approx 50km outside of Vancouver). He has worked at APD for 14 years, with experience in general duties, complex investigations and worked 5 years as a member of a covert surveillance team. He is currently a Sergeant in the Patrol Division. He can be reached at tkneebone@abbypd.ca



Editor's Book Recommendation:

As chaplains we focus on police officers but police families also serve alongside their loved ones. I was reminded of this fact as New Brunswick felt the shock wave of two more officers being deliberately targeted when they responded to an early morning "shots fired" call. As a young friend prepares to leave for RCMP Depot at the end of September, her parents have talked about how the events in Fredericton have affected them. Other family member has shared similar sentiments. Learning about police families prepares us for a broader role as chaplains. The following brief excerpt captures the some of the intense emotions:

'The killing of a police officer has a ripple effect across the nation, even the world. It's like the wave at a ballgame but you can't see it if you aren't at the game. Every law enforcement family in the world is at the game daily, each officer who falls represents one less person in the stadium. The stadium seems smaller each time. Spouses, children and parents breathe a heavy sigh, a sigh filled with grief for the profession and the fallen. A sigh hiding a smaller one that thinks "Thank God it wasn't mine this time."

That is why the thin blue line is so significant. It's a thread woven through centuries of honor, pride, duty and grief.'

Solomon, Karen. *Hearts Beneath the Badge* (p. 206). Unknown. Kindle Edition.

VOS REPRESENTANTS-EXECUTIF/EXECUTIVE

2018 CPCA Dues:
\$75 when prior to
March 31. Dues paid
after March 31 will
be \$90.

Frais 'adhésion: 75
\$/personne (si payé
avant le 31 Mars), 90
\$/ personne (après
le 31 Mars).

Please note that there is an
increase in your CPCA dues for
2018. This change was ap-
proved at our AGM held at the
ATS in Saskatoon in 2017.

There are two options for mak-
ing payments:

1. E-transfer the money to our
CPCA Secretary/Treasurer John
Tyrrell at
frjohntyrrell@hotmail.com
2. Or send a cheque to Canadi-
an Police Chaplain Association
c/o Brian Krushel, Registrar
2803 – 55th Street
Camrose, Alberta
T4V 4A3

If you require an invoice to
submit to your agency, or a
receipt for payment, please
contact Brian Krushel by email
at regcpcaistrar@gmail.com.

Thank you for your support of
the CPCA!



President / Président

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