



"CPCA/ACAP"

Summer/
Été 2019

Canadian Police Chaplain Association
Association Canadienne Des Aumôniers De Police

THE CHAPLAINS CHAIN NEWSLETTER LE LIEN DES AUMÔNIERS LA NOUVELLE



Chaplain Michael Rolph

From the President's Desk

At the risk of dating myself, lately I've been humming that old Bob Dylan song, "The times they are a-changin'." Mental health is now something that we discuss but that hasn't always been the case. It took the courage of six-time Olympian Clara Hughes,

who was willing to speak openly of her own struggles, and with the financial commitment of Bell Canada, Clara's story was published for us to hear along with the stories of many others.

The times sure seem to be changing too in police agency awareness of mental health as a major issue within the ranks of sworn and civilian members and their families. With this change, I'm seeing signs of a real resurgence of interest and commitment to chaplaincy programs in police services large and small from many parts of Canada. Interest in CPCA membership is one indication of this. Here in Alberta, my chaplaincy work is with Canada's federal police force and our program has grown over the past couple of years from a dwindling number (fewer than twenty active chaplains) to the point where we now have
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Register now for the **Canadian Police Chaplains Association (CPCA) Annual Training Seminar**—Halifax, NS from Monday, October 21-Friday, October 25. Theme: "WALKING THE LINE — PARTNERS IN SERVICE." Registration and hotel reservations at the Doubletree by Hilton Halifax Dartmouth, Nova Scotia are available through Eventbrite on our CPCA website at: <http://www.canadianpolicechaplains.com/annual-training-seminar>. Sponsorships for the total Registration cost are available for first-time attendees. Deadline for submission is September 20/19. See inside newsletter for details or <http://www.canadianpolicechaplains.com/annual-training-seminar-sponsorship>

(→ page 1 President's Letter)

fifty-five, serving both large and small detachments. This is just one part of the country and my correspondence tells me that this kind of growth is happening in many other areas.

But, with this growth in attention, we see that chaplaincy itself is changing too. In the early days of chaplaincy, it seems to me it was mostly about religion. Chaplains blessed troops going into battle, they prayed in moments of crisis and they gave thanks for meals. Chaplains were called upon when there was bad news in the air. I think chaplains today are expected to be far more active.

Recently I read a news article from a couple of years ago about a chaplain with the Scranton Pennsylvania Police Department. In that community he is seen as a valuable part of the community policing policy initiative. The department called upon this man to "transform what had been a ceremonial position - where the duties entailed little more than saying prayers at ceremonies - to one entwined with community policing, a brand of law enforcement in which officers forge strong personal ties with the neighborhoods they protect."

In my own chaplaincy, I am aware of increased expectations of my participation. When a chaplain is engaged as a "ride-along," it used to be just to get to know the member in the car. Engagement with the public just didn't happen as the chaplain sat in the car while the member dealt with the complaint, but that isn't always the case anymore. Sometimes I'm invited to accompany the member to the door and encouraged to speak with the complainant and others in the house. In this way the chaplain can use the tools of his or her training to speak a word of peace. I like to think that the police officer and I are both

"peace officers" although not entirely within the definition of the laws of our province. Bringing order and control to a situation is the first responsibility of the officer. I like to think that the chaplain can more quickly speak and exhibit compassion. It's a team thing.

I'm part of another team too. In our division, chaplains are working with the peer-to-peer program where serving members and chaplains work together in times of crisis for police officers and their families. I am also working with the district chaplains' team and we are developing new strategies for spousal and family support.

So why am I telling you all this? Well, I believe the newly evolving chaplaincy programs will require new training initiatives. I am proud of the way that our Association's Leadership Team is making strides to sharpen the training that we will be offering at the ATS in years to come. The Academic Standards Committee is working on uniformity of content and, along with the rest of the Leadership Team, will work to ensure that the training provided is as helpful and useful as possible. As President, I am proud to be working with the rest of our dedicated volunteer leaders to make this all happen. It's a team thing!

I hope we will once again have good enrollment for this year's ATS in Halifax/Dartmouth and I am looking forward to both reconnecting with old friends and meeting new friends at the same time.

Michael

Chaplain Michael Rolph
President
mjr47@shaw.ca



Are you a police chaplain who is interested in writing curriculum for training police chaplains? Dr. Gary Screation Page, Chaplain Coordinator with the Niagara Regional Police Service, is looking for contributors to work with an existing template to produce modules on a variety of topics. For more information, please contact Dr. Gary at drgary@cogeco.ca. Watch for more details about the NRPS, the hosts of the 2020 CPCA ATS, and the Curriculum Project in upcoming newsletter article.

Updated Information About CPCA Academic Standards

The Canadian Police Chaplains Association Executive has recognized the importance of providing quality, consistent training for police chaplains across Canada and has been taking action to ensure that this training reflects the new realities of police chaplaincy. As mental health has come to the forefront in police agencies, police chaplains are being asked to become part of the support network for officers at risk for operational stress injuries and diagnoses of mental illness such as PTSD, depression and anxiety.

One of the major initiatives undertaken by the CPCA Executive this year has been to form an Academic Standards Committee, comprised of Chaplains Katherine Bourbonniere (Chair) and Marion Jamer, both of whom have expertise in Adult Education, Chaplain Brian Krushel, who serves the CPCA as Registrar and Chaplain Gary Screaton Page. This committee has reviewed and updated the information about CPCA Academic Standards on our CPCA website and Chaplain Katherine has worked extensively to develop a curriculum plan to ensure that courses will be provided at our Annual Training Session so that anyone wishing to obtain Basic Certification with the CPCA will be able to complete this goal by attending two or three ATS.

The CPCA Academic Standards Committee is pleased to see the work being done by Chaplain Gary Screaton Page on behalf of the Niagara Regional Police Service. Chaplain Gary has taken on the monumental task of the writing, editing and development of courses that will meet the request of the NRPS that their chaplains complete the requirements for Basic Certification with the CPCA. The goal is to have consistent content and quali-

ty production of courses that will meet the approval of both the NRPS and the CPCA. Thanks, Gary! If chaplains are interested in assisting with this curriculum project, please contact Gary at drgary@cogeco.ca. Templates and information about what subjects are still needed will be provided.

While attendance at our ATS is strongly encouraged, the CPCA Leadership team recognizes that this may not be possible for all chaplains on a regular basis. Another option for Chaplains is to receive credit for other training taken with police agencies, seminaries, or other groups, upon approval of the Registrar. The CPCA Academic Standards Committee is also exploring the option of offering on-line courses that would provide those chaplains who are unable to attend our ATS with the opportunity to fill in courses that they are missing for Basic Certification. Research is being done to ensure ease of accessibility and quality of both the content and delivery of these courses, with a goal of making them available by 2020. Stay tuned for further details.

If you are not sure what you still need to obtain Basic Certification, you can contact Registrar Brian Krushel at regcpcaistrar@gmail.com prior to arriving in Halifax, or inquire on the opening night of the ATS. Chaplains are also encouraged to submit any training completed locally that may count toward the courses specified.

Updated information about the CPCA Academic Standards can be found at <http://www.canadianpolicechaplains.com/certification>

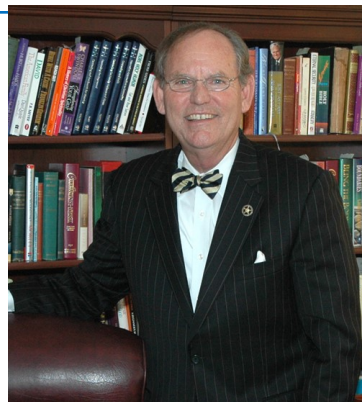
On a point of order...

A couple of our members were kind enough to remind us that motions at the Annual Meetings of our association held in Saskatoon and Orillia were not in keeping with the Constitution. We passed motions to enlarge the Executive, but the motions had not been circulated to the membership with the required thirty-day notice. The motions were therefore "out of order." Actually, the motions were not required. Their purpose was to ensure that the Association would continue to benefit from the expertise of two of our members and there was another way that we could do this while being faithful to the requirements of the constitution. The President has therefore appointed Chaplain Roxzena Hayden as Chair of the A.T.S. Planning Committee. Chaplain Katherine Bourbonniere has been appointed as Chair of the Academic Standards Committee. They are considered as members of the Leadership Team along with appointed and elected members of the Executive. Chaplain Gary Screaton Page has also been asked to join the Academic Standards Committee to facilitate the Curriculum Project he has undertaken.

Halifax, NS to Host 2019 CPCA Annual Training Seminar October 21-25, 2019



“WALKING
THE LINE
———
PARTNERS
IN
SERVICE”



**Special Guest Speaker: Dr. Robert Douglas, Executive Director
National P.O.L.I.C.E. Suicide Foundation**

Registration Fees:

Early Bird: \$400.00 + fee 25.36 = \$425.36

CPCA Member: \$400.00 + 25.36 = \$425.36

Non Member \$500.00 + 31.45 = \$531.45

Late Registration (After September 22) \$500.00 + 31.45 = \$531.45

Register online at <http://www.canadianpolicechaplains.com/annual-training-seminar>

Accommodations:

DoubleTree by Hilton (Hotel rooms are available until September 22 or until group block is sold out at \$149.00 per person per day.)

101 Wyse Road, Dartmouth, NS, B3A 1L9

902-463-1100 (p)

Our direct Hilton Link is: <http://doubletree.hilton.com/en/dt/groups/personalized/Y/YHZHDDT-CPO-20191021/index.jhtml>. Link is also available when you register online.

Meals:

Breakfast and dinner are on your own. Breaks, lunches and Banquet are included in registration. Please note any dietary restrictions when you register. Spouses pay \$45.00 for banquet meal at registration (on Monday) if they are accompanying their chaplain to banquet.

Arrival and Departures:

Please make sure your flight arrival and departure times (hopefully after memorial service on Friday) are submitted for pick up and drop off at Stanfield International Airport Halifax.

Any questions about the Annual Training Seminar should be addressed to Father Andrew Rembarczyk at arembarczyk@gmail.com.

Final Schedule Confirmed for 2019 ATS in Halifax, NS

Canadian Police Chaplain Association Annual Training Schedule Halifax, Nova Scotia – October 21-25, 2019 “WALKING THE LINE – PARTNERS IN SERVICE”

Time	Monday Date	Tuesday Date	Wednesday Date	Thursday Date	Friday Date
Host of the day (A Member of the Executive) 0700		EXEC member: NAME	EXEC member: NAME	EXEC member: NAME	Hosting Unit
0800 -0830	Executive meeting with ATS Planning Committee	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
0830 – 1000		Morning Reflection	Tour Peggy's Cove and Swiss Air monument site. (Transportation for entire group)	Morning Reflection	0900- Memorial Service
1000 – 1015	CPCA Executive meeting	Dr. Robert Douglas (The National Police Suicide Foundation) = everyone all day		Response to Crisis	
1015 – 1200		BREAK		Resiliency for First Responders	
		Dr. Bob - continued		BREAK	
1200 – 1300	LUNCH	LUNCH	LUNCH	Officer Injury / Death	Swiss Air lessons-A Chaplain's view
1300 - 1430	REGISTRATION	Dr. Bob - continued	Experiences and lessons from on-duty death	The chaplain's role - a police officer's perspective	Homeward
1430 - 1445		BREAK	BREAK	BREAK	
1430 - 1700		Dr. Bob - continued	Ceremonies / Event / Funerals / With Parade Drill	Annual General Meeting	
1700	DINNER (ON OWN)	DINNER (ON OWN)	DINNER (ON OWN)	BREAK	
1800 – 2100 (Debrief 1900-2030)	Meet & Greet 1830-1930 Keynote Address 1945-2100	Event at training facility.	Ride Alongs / Chaplain debrief / free time	BANQUET	

Program Highlights of the ATS in Halifax, NS

- The Canadian Police Chaplains Association is pleased to welcome **Dr. Robert E. Douglas, Jr., Executive Director of the National POLICE Suicide Foundation** as our special presenter for the 2019 Annual Training Seminar. Dr. Douglas began his career as a police officer in Temple Terrace, FL before joining the Baltimore City Police Department. He was a Police Chaplain in Baltimore City, as well as a Chaplain for the ATF in Baltimore and Washington, D.C. A member of the American Association of Suicidologists and a Senior Chaplain for the ICPC, Dr. Bob has also authored several books and currently is Pastor of Compassionate Shepherd Ministries in Laurel, Delaware.

Dr. Douglas has stated the following as a primary goal for the National POLICE Suicide Foundation: “To implement educational programs to address the issues of mental health and suicide prevention for law enforcement personnel and their families.”

His full-day presentation on **Police Suicide** will cover Police Burn-out and how it can lead to Police Suicide. Chaplains will be given recommendations on how to talk with a Suicidal Officer, as well as what to do when a suicide occurs. Dr. Douglas will also speak on how to develop Prevention Programs, including Peer Support Programs, Spouse Awareness Programs and Spiritual Awareness Programs. He will also discuss how Police Suicide differs from Line of Duty Deaths.

- Chaplain Verner Drost**, Fredericton Police Service, will speak about his experiences and lessons learned from the August 2018 Line of Duty Deaths of two Fredericton Police Officers and two civilians.
- The Swiss Air 111 plane crash off Peggy's Cove in September, 1998 indelibly shaped police chaplaincy in Nova Scotia. A tour to Peggy's Cove and a session on “**Swiss Air Lessons—A Chaplain's View**” will offer insights into this formative event.

Sponsorship Offered for 5 First Time Attendees



Canadian Police Chaplain Association Annual Training Session Sponsorship Application

Purpose: The purpose of this sponsorship is to encourage attendance at the Annual Training Session by CPCA members that have not attended before.

Background: The sponsorship was approved during the 2013 annual business meeting of the CPCA. The sponsorship will provide for up to five (5) first-time Annual Training Session attendees.

Criteria:

Applicant has paid annual dues

Applicant has not attended any prior Annual Training Sessions

Sponsorship will cover the total Registration cost for the applicant (does not include transportation, accommodation, incidentals, or costs for spouse)

Application must be received by the CPCA Registrar no later than thirty (30) days prior to the beginning of the Annual Training Session

All applications will be reviewed and adjudicated by the CPCA Executive

Applicant will include a cover letter demonstrating need for funding

If applicant has a Supervising Chaplain, application must be signed by Supervisor prior to submission

A maximum of one applicant per province/territory will be awarded

Canadian Police Chaplain Association Annual Training Session Sponsorship Application

Name of Applicant _____ Date _____

Mailing Address _____ City _____

Province/Territory _____ Postal Code _____

Email address _____ Best Phone # _____

Present Chaplaincy Position _____

Supervising Chaplain's Name (if applicable) _____

Supervising Chaplain's Signature _____ Date _____

Send Application to
Chaplain Brian Krushel, CPCA Registrar
2803-55th Street
Camrose, Alberta T4V 4A3
Email: regcpcaistrar@gmail.com

For Processing

Date received _____

All criteria met Yes ____ No ____

Date Applicant Notified _____

Other notes:

Commandite offerte à 5 nouveaux participants a la Session Annuelle De Formation



Association Canadienne Des Aumôniers De Police

Session Annuelle De Formation Demande De Parrainage

But: Le but de ce parrainage est d'encourager la participation à la session annuelle de formation des membres de la CPCA qui n'ont pas assisté auparavant.

Contexte: Le parrainage a été approuvée lors de la réunion annuelle de 2013 des affaires de la CPCA. La commandite fournira jusqu'à cinq (5) pour la première fois les participants Séance de formation annuelle.

Critères:

- Le demandeur a payé les cotisations annuelles
- Le demandeur n'a pas assisté à des séances de formation annuelle avant
- Le parrainage couvrira le coût total d'enregistrement du demandeur (ne comprend pas le transport, l'hébergement, les frais accessoires, ou les coûts pour le conjoint)
- La demande doit être reçue par le registraire CPCA au plus tard trente (30) jours avant le début de la session annuelle de formation
- Toutes les demandes seront examinées et jugées par l'exécutif CPCA
- Le demandeur comprendra une lettre de motivation démontrant un besoin de financement
- Si le demandeur a un aumônier superviseur, demande doit être signée par le superviseur avant la soumission
- Un maximum d'un demandeur par province / territoire sera attribué Association canadienne des aumôniers de police Session annuelle de formation Demande de parrainage

Association Canadienne Des Aumôniers De Police Session Annuelle De Formation Demande De Parrainage

Le Nom Du Demandeur _____ Date _____
Adresse Mail _____ Ville _____
Province/Territoire _____ Code Postal _____
Envoyer Address _____ Meilleur Téléphone # _____
Présent Aumônerie Position _____
Superviseur Le Nom De L'aumônier (le cas échéant) _____
Signature Du Superviseur _____ Date _____

Envoyez La Demande à
L'aumônier Brian Krushel, Greffier CPCA
2803-55th Rue
Camrose, Alberta T4V 4A3
Envoyez: regcpcaistrar@gmail.com

Pour traitement

Date De Réception _____
Tous Les Critères Met Oui _____ Non _____
Date Demandeur Notifié _____
Autres Notes _____

Emotional Spiritual Care (ESC) in Disaster Services

By Chaplain Roxzena Hayden



Emotional spiritual care looks after the person's physical, emotional, mental, and spiritual needs. Every person has a spiritual nature within them; and that spiritual nature is what the ESC worker taps into regardless of their church affiliation or religion; every-

one needs to be cared for.

As an emotional and spiritual care worker in emergency disaster services, I attend to the survivors who are affected by the disaster itself as well as the frontline workers and those who are supporting or working in the disaster response.

During the 2019 spring flooding in Ontario, I had opportunity to speak with the hydro workers as they were dealing with having to cut hydro to some homes and knowing what the effect would be on the people and their homes. It was taking an emotional toll on them.

In regard to the fire and police response in the floods; we had the opportunity to accompany them as they were going to check on the residences. This also gave an opportunity to support them as first responders. Many were putting in long hours and giving freely of their time off.

One officer I came alongside of spoke about how he greatly appreciated my support as I was able to help him through a difficult emotional situation.

Some of our ESC workers actually donned wader high water boots and were able to accompany police and firefighters who were going to check on residents b. Some people's houses had become islands to them and they were confined to their house, unable to get out for food or water. Their hydro had been cut off so they had to stay to keep fuel in the water pumps and were basically trapped within their house.

One elderly lady could not leave as she was the only caregiver of her elderly husband. The couple were

very grateful to have received a visit from our ESC workers with their high waders coming through the water to their house bringing them snacks and fresh bottled water. The lady shared that they had been unable to get out and she had not been able to attend her church for a longer period of time, due to caring for her husband. The ESC workers were able to speak with her and bring her encouragement through prayer. Jesus was there amid the flood waters that day.

Another woman was found waiting outside her house in the cold and dampness, waiting for the Hydro to come and turn on her power. She had been out in the cold for over four hours as they told her (from her understanding) she had to wait outside so that they could see her. She was so pleased to see the ESC workers approach and speak with her. She shared her story with them. One worker stayed with her as the other returned and brought back hot meals, snacks and hot drinks to her. She was very grateful and mentioned she wanted to do more with her life and perhaps help people as we were doing.

When a disaster strikes, providing emotional spiritual care to everyone affected, including police and other first responders, is a priority for us as ESC workers and myself as a police chaplain.

Chaplain Roxzena Hayden serves as a Salvation Army Emotional and Spiritual Care Officer. She is frequently employed to disaster areas to bring comfort and support to victims and aid workers, including first responders. This article highlights the very personal contact she makes with people who are in distress, a skill she brings to her contact with police as well. Roxzena was recently featured in Episode 1827 of Context: Communities Coping After Tragedy with Lorna Dueck.

As Chair of the CPCA Annual Training Seminar Planning Committee, Chaplain Roxzena joins with local planning committees to ensure that our ATS run smoothly and provide a quality experience for CPCA chaplains. She is already hard at work on the Niagara 2020 and Winnipeg 2021 Annual Training Seminars.

2019 CPCA dues can now be paid by sending an e-transfer to John Tyrrell at frjohntyrrell@hotmail.com or by cheque sent to **Brian Krushel at 2803-55th Street, Camrose, AB, T4V 4A3**. Membership is \$90 after March 31

Getting to Know Our CPCA Executive: Chaplain Richard Vander Vaart, Past President



Richard was ordained as a minister in the Christian Reformed Church in Oct. 1993. He served as a minister in that denomination for 22 years. In 2016, he joined the Associate Reformed Presbyterian Church (A.R.P.) and, in September 2018, he completed the process to have his ordination recognized. On June 7, 2019, Richard was commissioned to take up work as a Prison Evangelist with Redemption Prison Ministries. He moved from South-West Ontario to Moncton, New Brunswick at the end of June. He will be based out of Moncton and from there travel to the various prisons in Atlantic Canada. With the move, Richard has also become a "J" Division RCMP chaplain.

Richard is happily married to Carolyn and they have three married children. They have two granddaughters and one grandson who is now with the Lord. They have also fostered children in their home for more than 15 years and over these years have cared for more than 40 children. It is a great privilege for them to still have contact with a few of them. In fact, one foster son and his wife are regularly in contact, are counted in with the family and have added one more grandson to the mix. What a great blessing!

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With regards to Police Chaplaincy, Richard has been a police chaplain for 14 years. On his very first ride along, the officer came to the house to pick up Richard. Oddly, Richard's middle son, an early teen at the time, who is normally fascinated by whomever is visiting, suddenly went to his room. When Richard and the officer left, his son had a confession to make to his mom. Meanwhile, Richard was introducing himself to the officer--Paul. Paul asked how many children he had and their ages.

Suddenly Paul says: "Wait--you said your last name is Vander Vaart?"

"Why, yes it is," Richard replied, somewhat taken aback.

Often people meeting him for the first time have to get their minds and mouths around the peculiar last name. Paul said it with ease, as if he'd recently practiced it.

ticed it.

"It is the oddest thing" Paul continued. "Only today I met a Micah Vander Vaart."

"That is my son!" Richard interjected. Now a light lit up in his brain as to why Micah suddenly disappeared when the cruiser pulled into the driveway.

"What happened?" Richard asked.

Paul noted that he'd caught Micah climbing off the roof of a local elementary school. The janitor had seen it and called the police. Micah received a warning--something he'd neglected to mention to his father and mother. So, while Richard was in the car with Officer Paul, Micah was forestalling what he thought might be impending punishment by confessing this to his mom.

Micah didn't get in trouble. In hindsight it is a funny story of the Vander Vaart family's introduction to Richard's involvement in police chaplaincy.

Richard explains: "Whenever I have an opportunity to speak with police officers, civilian workers, those in the com centres and administration in police services, I always let them know they are in my prayers. The work they do is so important and often people groan when they see an officer approaching. I give thanks to God, knowing their work is vital. I am a Christian Chaplain, knowing my work is done for the glory of Jesus Christ. And I am thankful for every man and women, whatever their faith or spiritual orientation, who takes up the task of being a chaplain. It is a great privilege to work together in order to provide spiritual care to officers."

Over the course of these 14 years of police chaplaincy, Richard has had the privilege of serving on the Executive of the Canadian Police Chaplain Association, even serving one year as the President of the CPCA and the representative to the International Conference of Police Chaplains. He finds joy volunteering as a chaplain, meeting chaplains from so many different branches of Canadian policing, and working with these chaplains who give of their time and talents to serve those who serve with excellence.

The Paradox of Comfort

By Chaplain Lorne Freake “J” Division RCMP



It was cold winter day in late March, when I, along with my colleague (another RCMP Chaplain) was invited to RHQ in Fredericton. It was for a ‘Blanket Exercise’ as animated by First Nation Peoples. As spiritual leaders who are available to members of multi faith traditions, including First Nations Peoples, we were absolutely honoured to be invited there by Senior Management.

Before arrival I had very little knowledge about the Blanket Exercise. I was encouraged to attend dressed in business casual but to bring along a pair of slippers. I thought this was a little odd, but I submitted to the request.

It all began with everyone in the room being seated in a fairly tight knit circle. Of course, this is the way in which our indigenous brothers and sisters best communicate. It is in a circle where there is connectedness: all are equal, all can express their thoughts and all can be equally heard. With my comfy slippers on, I was very comfortable from the outset.

“With my comfy slippers on, I was very comfortable from the outset.”

After a little explanation of First Nation ritual was given, several blankets were laid out on the floor and participants were invited to stand on the blankets. Most of us were given a script to eventually read when asked. The script was basically a lesson in history citing all the government declarations and regulations imposed upon First Nation Peoples over the last 200 years (thereabouts) in Canada. As the declarations were read, it was very obvious that the results of each were that First Nations Peoples were to be pushed off their lands, segregated to reserves and lose their rights, including rights of language, religion and culture. As the Blanket Exercise progressed, it was very obvious to me that while I was wearing comfy slippers, I was less and less comfortable.

With the realization of the many sins of the church and it’s leadership over the years, I was aware that in some way, I too, was a part of the system which diminished and devalued the self esteem and dignity of our First Nation Peoples. Again, here I was in comfy slippers but so much outside of my comfort zone.

At the end, there were very few blankets left on the floor and very few people but evidently, there were more people than blankets. This represented the plight of First Nation Peoples not only in the past but even much more so today where they live in pitiful conditions on reserves in every province of the country in less than third world country conditions, with low standards of education, unsafe drinking water, overcrowding, underfunding and limited access to health care . . . And subsequently with many social problems, and high crime rates and high rates of recidivism.

At the end of the Exercise in the circle, we were invited to speak while holding on to the talking stick. When I saw the talking stick getting closer and closer to me, I had a basic idea of what I was going to say. However, upon grasping it in my hands I was speechless. Very uncomfortable to say the least . . . I felt a need to ask for forgiveness on the part of my predecessors who in the name of religion did so many horrible acts against our First Nation Peoples, including the horror stories of Resident Schools.

It was a day in which I really understood the ‘paradox of comfort’ by looking so comfortable in my nice warm slippers but being so far out of my comfort zone . . .

Chaplain Lorne Freake, Ph.D., serves as an RCMP chaplain in “J” Division and lives in Grand Falls, NB. He has published several books including Prison Stories (Memoires of a Chaplain) and Poetic Prayers for Uniformed Professionals (Armed Forces, Police, Peace Officers, Firefighters, Security, Customs, and Correctional Officers, Etc.). He also has a keen interest in Restorative Justice.

After the Blanket Exercise “J” Division RCMP HQ



Chaplain Lorne Freake, far left with RCMP Assistant Commissioner Larry Trembley, facilitators of the Blanket Exercise and Chaplain Marion Jamer, far right, at “J” Division Headquarters

All in the Life of a Police Chaplain by Chaplain Imran Ally, Peel Regional Police



Chaplain Imran Ally was a keynote speaker addressing the topic of “The Role of the Imam in Building Society” at the annual gala and award ceremony of the Canadian Council of Imams (CCI) on April 15, 2019. He was honoured to address the distinguished guests including elected officials of all levels of government, leaders (faith, business and community), first responders and dignitaries including Chief Chris McCord of Peel Regional Police.



Chaplain Imran Ally writes: “April showers bring May flowers but showers in the Region of Peel couldn’t deter me from enjoying another privileged opportunity to participate in a ride along at Lester B. International Airport, the largest and busiest airport in Canada and the second busiest international air passenger gateway in the Americas. It was a great humbling experience to be at the side of these fine officers during their interactions with the public.”

Congratulations to Chaplain David Kennedy of the Owen Sound Police Service on receiving the Chief’s Citation Award in May 2019. The award is given in recognition of “leaders in our community for many years of commitment to volunteerism and the well-being of citizens. Kennedy has served previously as a police chaplain in Halton and Orangeville.

Chaplain Jim Turner, Divisional Chaplain for “E” Division of the RCMP and Department Chaplain for Vancouver Police Department, Delta Police Department and Transit Police, was presented with the President’s Award at the International Conference of Police Chaplains (ICPC) ATS in Wichita, KS. Turner has a distinguished record of serving on the Executives of both the ICPC and the CPCA.

Chaplaincy Training in Ukraine

By Chaplain Hillar Alkok



Something I have discovered during my years as a Christian is that God opens doors a lot better than me. In fact I need to learn to keep away from the doors He never meant to be opened. When Brian Krushel contacted me a few months back and asked me to consider training new chaplains in

Ukraine I had to admit that ministering in Ukraine was never at the top of the list of places I was drawn to.

Let me go back in time a bit and fill you in on why Brian contacted me. I was a pastor from 1989 to 2003 in the east end of Toronto but felt a calling to minister overseas. Along with my wife and three children, we lived in the country of Estonia from 2003 to 2005. It is the birthplace of all of our parents and we went there as missionaries with the idea of introducing police chaplaincy but God had other plans. Instead I was able to facilitate Ethics training to senior officers for the Estonian Police through a Christian group called Pointman Leadership Institute. These were former and active high-ranking police from London's Metropolitan Police in the UK but the organization started with a detective in LA.

Due to the experience in this former Communist country, I was now tasked with bringing training to police chaplain recruits in Ukraine. Many of those recruits will have some experience in the Ukrainian army as chaplains. I will be doing a one-day seminar in Kiev for these chaplains and emphasizing the model we have here in Canada. The Chief of the Patrol Police for Ukraine is fully supporting this effort but the man behind this is Yaroslav Malko, the only police chaplain presently in Ukraine. In an effort to promote police chaplaincy, both he and the Chief travelled to various police organizations in the US prior to Yaroslav meeting me in Toronto. Thanks to Aaron Groat, Halton Police Chaplain, we had a tour of the new Halton Regional HQ and met with the Chief and the Deputies. We also went to the TPS College in Toronto; TPS HQ and finally to my 14 Division where Yaroslav got to participate in a short ride along.

The plan is now set for me to train the chaplains and then travel to 3 or 4 police services in Ukraine and speak to the cops about police chaplaincy. I will also be speaking in two churches on this topic. A request came a bit later in the process for an actual police officer, active or retired, to join me on this trip. They are being asked to speak to the police about the benefits of police chaplaincy because as we know it is much easier to trust the words of a fellow cop. Remember, this is a totally new resource that the Patrol Police want to introduce to their rank and file. My search for that officer began 6 weeks prior to departure and God opened door for Chaplain Constable Bruce Ewanyshyn, of the Brandon Police Service and his wife, Sheryl, to accompany me.

If you follow the news you will know that the situation in Ukraine is volatile in certain regions due to the aggressive Russian invasion of Crimea and ongoing confrontations on the eastern front of Ukraine. We will be taking an 18-hour train ride from Kiev to Mariupol and Internal Affairs Canada does not advise Canadians visit this part of Ukraine. So feel free to pray for us concerning all aspects of this journey.

I also want to point out that we are covering all of our own costs for travel but believe Yaroslav will look after us while in Ukraine itself. I hope to have some good reports when we return late in July.

Chaplain Hillar Alkok serves with the Toronto Police Service and Badge of Life Canada. He can be contacted at hillaralkok@gmail.com.

Editor's Note: The Canadian Police Chaplains Association was contacted early in the year to see how we might be able to assist in establishing a police chaplaincy program in the Ukraine. As our readers may know, Chaplain Bruce Ewanyshyn is the 2nd Vice President of the CPCA. We sent Chaplains Hillar and Bruce with our blessings and our thanks! This article was submitted prior to the trip. Check out the following pages for photos and a report describing some of the training carried out with police chaplains and police officers in the Ukraine

CPCA Chaplains Visit Ukraine to Encourage Establishment of Police Chaplaincy Program

By Chaplain Bruce Ewanyshyn, Brandon Police Services



Chaplains Hillar Alkok and Bruce Ewanyshyn with On-duty Patrol Police in Kiev

God is moving and opening doors in the nation of Ukraine to introduce a police chaplaincy program! Hillar Alkok and I were honoured to travel from Kiev to Mariupol (Donetsk Region), from Slavynsk to Lisichansk, Severodonetsk, Rubejnoe (Luhansk Region), and finally to the city of Kharkov in Eastern Ukraine during this summer of 2019.

Our host, the coordinator for this project, was Yaroslav Malko, the first Ukraine Patrol Police Chaplain. I truly love this man's heart; he is humble in servitude, honours God and man, obeys the Lord, and is very witty. He is the Christian version of Gru, a character in the *Despicable Me* movie series, and he can imitate Gru to a "T". Yaroslav kept us encouraged and laughing through the long days of closed-door meetings with police chiefs and church leaders, open meetings with ranking police officers, and evening meetings with church and community leaders and members. Even Yaroslav could not foresee the opportunity for a closed-door meeting with National Police, General Mykola Semenyshyn. As a police officer there is no one I would want more as my police chaplain than Yaroslav Malko.

Our first full day began in Kiev with the first ever Ukraine Chaplain's Conference. Hillar presented, first covering the Role of the Chaplain, and before he was done sharing his personal stories, I knew there was much I would learn from this man of in-

tegrity. His love for police officers is tangible and can be heard through his words and seen through his actions. As a police officer, I make observations and can sniff out a phony. Hillar is sincerely committed to police with a genuine love for us; he clothes himself in humility and projects a wonderful sense of humour which Victor, a police commander, acknowledged publicly. My wife, Sheryl, and I appreciated our travelling partner who was a secondary leader to Yaroslav.

The Chaplains conference was well attended with over 70 men ranging from pastors to military chaplains to businessmen to truck drivers. I presented on the dynamics of the Law Enforcement Family and explained challenges police encounter through their unique service to their community. Hillar started the afternoon with Ethics in Chaplaincy and PTSD, and Yaroslav concluded the day sharing his vision for chaplaincy in the Ukraine.

"The Chaplains Conference was well attended with over 70 men ranging from pastors to military chaplains to businessmen to truck drivers."

An unexpected door swung wide the day we traveled to Mariupol in the Donetsk Region. Yaroslav said we would be meeting his friend, Patrol Police Chief Mikhail Vershinin. We had already had lunch with two of his senior officers - Police Commander Victor and Deputy Chief Alexander, and they were now our escorts for the next three days. We were informed we would not be meeting with any of the National Police, but we were happy to focus on the Patrol Police.

However, just prior to our meeting with Chief Mikhail, General Mykola Semenyshyn of the National Police agreed to grant us a half hour closed-door meeting to share on police chaplaincy. We met Chief Mikhail and went to the fortified National Police
(Please see CPCA Chaplains Visit Ukraine→page 14)

CPCA Chaplains Visit Ukraine

(→ page 13 CPCA Chaplains Visit Ukraine)

Headquarters and, with General Mikhail, we took turns sharing about the benefits of police chaplaincy. Seated around a large oval table feeling like diplomats, I greeted and presented gifts to the General on behalf of my Police Chief Wayne Balcaen and the Brandon PS, and he presented me with a gift for Chief Balcaen. We received a tour of the National Police Headquarters including their elaborate city surveillance and detection system, which became operational in 2015 after the rebellion that took over 10,000 lives.

During a closed-door meeting with Patrol Police Chief Mikhail and his closest ranking officers, Hillar and I presented gifts to the Chief. Courtesy of a RCMP co-worker, Chief Mikhail received RCMP shoulder flashes and their commemorative coin. Chief Mikhail took us to the original police headquarters that had been the scene of a firefight between the Rebels and the police.

“Chief Mikhail took us to the original police headquarters that had been the scene of a firefight between the Rebels and the police.”

Rebels entered the police station dressed as police officers and killed or wounded all the police on the first two floors. Courageous police officers held the third floor awaiting the military, but some had little choice but to jump from the third floor to avoid burning to death when the Rebels set the ceiling on fire. Ten police officers were slain, and many more were wounded during this exchange. Some remain in rehab to this day.

Chief Mikhail took us on a tour, which included a police museum displaying historical police memorabilia dating back to the 1700s. A wall commemorated the lives of all the police officers killed in 2014 during the rebellion. We paused to reflect in a minute of silence for the slain officers. Afterwards Chief Mikhail honored Hillar and me by placing a Brandon PS and a Toronto PS shoulder flash in the display cabinet for International Police.

After the tour, we had our first open meeting with many of the ranking Patrol Police officers. After passing out gifts, Yaroslav, Hillar, and I shared about police chaplaincy through presentations and a question peri-

od. The officers began to lower their guard and many kind words and photo opportunities took place.

That evening we met with church and community leaders, hoping they would catch the vision for supporting police officers from a community perspective. The goal was to establish trust between community and police. Yaroslav shared his vision for community involvement with police. Hillar shared some practical examples from his years of police chaplaincy. I shared from the perspective of both a police officer and a chaplain explaining police culture and family dynamics and encouraged them to take steps to embrace police with the love of Christ. We found throughout our travels there were large disconnects between the church and police, and between the community and police.

Upon reaching the city of Lisichansk, we had lunch with Patrol Police Chief Horobets Maksym (Max) and his closest ranking officers. Afterwards we followed them to the Patrol Police Headquarters. Chief Max is the Chief of Patrol Police covering the cities of Lisichansk, Severodonetsk, and Rubejnoe in the Luhansk Region, and commands many officers; he is only thirty years young but carries wisdom beyond his years. He gathered his ranking officers and we entered a room full of about 50 officers including their psychologist. This detachment has never had a police chaplain so each of our team presented from their perspective. After several hours including questions and giving of gifts, including a Harley shirt to an officer who enjoys motorcycling, we posed for many photos to the point our cheeks were sore from smiling.

I would like to think that we will return to the Ukraine and team up with Yaroslav for a second visit; there was a suggestion perhaps into Western Ukraine. Yaroslav has men around him well suited for the task of spreading the vision for police chaplaincy throughout the Ukraine. Whatever happens my heart will treasure the people we connected with and the opportunities to share God's goodness and plans for the wellness of police and church and community. Before we left Kiev, Yaroslav showed us a picture of a room that was being prepared for Yaroslav and other future police chaplains that will be their office and meeting place in the Mariupol Police Headquarters as they serve with excellence.

CPCA Chaplains Travel to Ukraine Photos



Chaplains Ewanyshyn and Alkok Meeting with Mariupol Chief of Police



Memorial Wall of Police Slain in Rebel Attack on Police Station in Mariupol



Patrol Police Ranking Officers in Lisichansk Luhansk Region



Sharing with Community and Church Leaders in Luhansk Region



Gift from General Mykola Semenyshyn, Chief of the National Police to Chief Balcaen, Brandon Police Service by way of Cst. Bruce Ewanyshyn



Group Photo at Police Museum at Mariupol in Donetsk Region

Resources for Chaplains: Editor's Picks

By Chaplain Marion Jamer, "J" Div. RCMP



As CPCA President Michael Rolph observed in his President's Letter, we live and serve in changing times. Chaplains are being called upon to offer a listening ear and a comforting presence, just as they always have, but the contemporary focus on

mental health within police agencies also requires wisdom and understanding that has not always been a part of a chaplain's training. As psychology and theology are brought together in a chaplain's practice, it is essential that we continue to seek out ways for professional development.

One avenue for professional development can be found in the CPCA ATS. This year the timely topic of police suicide will be addressed by Dr. Robert E. Douglas in a full-day session. There will also be other times for discussions around mental health and policing with such

topics as "Resiliency and First Responders." If you are able to attend the 2019 ATS in Halifax, I am sure you be enriched by the training offered.

However, a one-week Annual Training Seminar cannot keep us aware of all the changes we face as chaplains or give us the expertise that is being demanded of those who serve with excellence. As a result, this *Editor's Desk* is devoted to sharing some other resources that are available to chaplains and police officers without having to travel for training. The books and apps listed here are offered for your consideration, at the Editor's discretion, and with the hope that other chaplains will interact with them, critique them, and suggest their own additions to the list of resources the CPCA would like to create and post on our website.

Marion Jamer is the Chaplain Coordinator for "J" Division RCMP and lives in St. Stephen, NB. A self-confessed bibliophile and Amazon.ca junkie, she is always on the look-out for new resources that she can share with others in the pursuit of knowledge and understanding.

PTSD Coach Canada, PTSD Family Coach, and PTSD Coach are free apps available to assist individuals and families affected by PTSD (Post Traumatic Stress Disorder). They may be downloaded for both iOS and Android devices. These apps are designed to help educate about and manage the symptoms that may develop after exposure to traumatic events and are recommended by police and mental health clinicians. **PTSD Coach Canada** has a setting to allow for English or French language preference.

Features include "Reliable and current information on PTSD and about treatments that are effective, Tools for screening and tracking your symptoms, Convenient, easy-to-use tools to help you manage stress symptoms and Information on crisis support and how to get help." (<https://www.veterans.gc.ca/eng/resources/stay-connected/mobile-app/ptsd-coach-canada>).

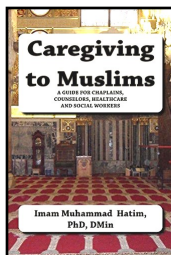
Thanks to an RCMP member, who also is a peer on our New Brunswick Critical Incident Stress Management (CISM) team for mentioning these apps to us at a recent meeting and vouching for their effectiveness and value.

Also available for iOS and Android devices, **OSI Connect** is a free mental health learning and self-management app developed by Royal Ottawa OSI Clinic with the support of Veterans Affairs Canada to provide information about Operational Stress Injuries (OSI) to OSI patients and their families. "The resources on OSI Connect address challenges including post-traumatic stress and triggers, depression, anger, sleep problems, substance abuse, stress management and more." (<https://www.veterans.gc.ca/eng/resources/stay-connected/mobile-app/osi-connect>).



Resources for Chaplains: Editor's Picks

By Chaplain Marion Jamer, "J" Div. RCMP



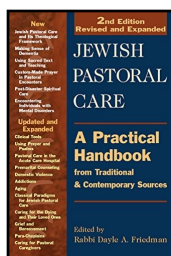
Caregiving to Muslims: A Guide for Chaplains, Counselors, Healthcare and Social Workers. (2017)

Imam Muhammad Hatim, PhD, DMin, is the Imam Warith Deen Muhammad Professor of African Muslim Studies at the Graduate Theological Foundation in Indiana, and is a Board Certified Chaplain (BCCC) and Pastoral Counselor (BCPC) by the College of Pastoral Supervision and Psychotherapists (CPSP).

Imam Hatim writes “to offer suggestions for *Islamic compassionate care*” for professional caregivers, including chaplains (p. 19) and to promote cultural competence. He gives considerable attention to explaining the theological basis for Islamic compassionate care within the Fundamentals of Al-Islam. In addition, he draws on recognized psychological traditions to inform his work.

He states: “Caregiving is an *art that allows the patient to paint on his/her human canvas with the vibrant colors of wellness. Clinicians are the compassionate witnesses who encourage these masterpieces.*” (p. 30)

I found this book very helpful as I seek to understand more about chaplaincy by and to Muslims. It takes a while to digest, and I still have many questions, but in an increasingly multifaith and secular Canadian society, it provides a foundation for Muslim caregiving.

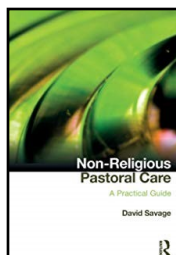


Jewish Pastoral Care, 2nd Ed.: A Practical Handbook from Traditional and Contemporary Sources. (2010)

Written for a Jewish audience, Editor Rabbi Dayle A. Friedman draws together chapters by various writers to illustrate “the sacred work of *livui ruchani*, spiritual accompaniment.” (Loc. 149/9848) He describes Jewish Pastoral Care as the offer of “a spiritual presence to people in need, pain or transition” or as Rabbi Margaret Holub would say, “the heart of the rabbinic role (and by extension, the roles of cantors and lay people engaged in pastoral care) is one of *accompanying* people.” (Loc. 192/9849) Jewish Pastoral Care requires the caregiver to bring themselves with all their acquired experience

and wisdom, as well as his or her Jewish tools and technical skills such as listening.

The first section of the book grounds “Foundational Concepts for Jewish Pastoral Care” in theological reflections about such important topics as suffering as well as imperfection and limitation. The second section describes “Basic Tools for the Jewish Pastoral Caregiver” and the third section zeroes in on “Specific Needs and Settings.” Although I am a Chaplain who is a Christian, I found the chapter “Spiritual Nurture for Jewish Pastoral Caregivers” by Rabbi Nancy Flam particularly helpful and would also recommend the detailed information provided in “Jewish Spiritual Care in the Wake of Disaster” by Rabbi Stephen Roberts.



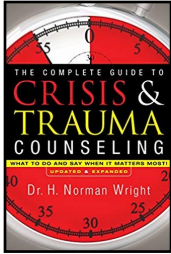
Non-Religious Pastoral Care: A Practical Guide (2019)

The back cover describes this book by David Savage as “ground-breaking” as it “charts the progress from a Christian to a multi-faith and on to a fully inclusive care service.” Savage acknowledges that the book is limited in scope to mainly the U.K. but, I was interested in reading this book because I am encountering more and more people in my chaplaincy duties who are non-religious. Savage insists that “good pastoral care can be given only if non-religious people are seen positively, as people with non-religious beliefs and values, rather than negatively as people without religious beliefs.

This book raises some important questions about ethics and even the use of the title “chaplain” which has Christian and religious connotations. A very interesting and thought-provoking read!

Resources for Chaplains: Editor's Picks

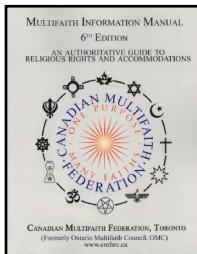
By Chaplain Marion Jamer, "J" Div. RCMP



The Complete Guide to Crisis & Trauma Counseling: What To Do and Say When It Matters Most!, Updated and Expanded. (2011)

Dr. H. Norman Wright is a certified trauma specialist and board certified in traumatic grief, as well as a research professor of Christian Education at Talbot School of Theology who writes for an audience of Christian pastors, therapists and lay counselors as he lays out a Biblical perspective on how to care for people going through loss and trauma.

This book provides a detailed description, complete with information consistent with the International Critical Incident Stress Foundation's (ICISF) material in the multiple chapters on assisting someone going through a crisis. Two chapters on suicide are informative, both in a practical, non-faith related way, and with a underlying Christian perspective on this topic. I recommend it as a valuable resource for all chaplains, regardless of their faith perspective, because it contains much of the information presented in the training we receive for CISM and other types of crisis intervention in an organized and easily accessed format.



Multifaith Information Manual, 6th Edition: An Authoritative Guide To Religious Rights and Accommodations (2017)

Produced by the Multifaith Federation, Toronto (Formerly Ontario Multifaith Council, OMC), this manual gives brief overviews of a wide variety of faiths and Christian denominations represented in the Multifaith Federation. According to the Introduction, "Each chapter in the Manual explores themes, such as, Basic Beliefs, Sacred Books, Worship, Structure, Divisions, Leadership, Rituals, Laws, Dress, Diet, Sacred Symbols, Death & Dying, and Holy Days & Festivals." It can serve as a comprehensive guide for quick reference and I have used it on several occasions to research beliefs, etc. when called to provide spiritual care as a chaplain.

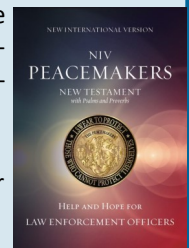
The manual is available to order from The Canadian Multifaith Federation either by email: cmfsrc@cmfsrc.ca or on their website: www.cmfsrc.ca. Thanks to Chaplain Imam Imran Ally for providing me with a copy of this very helpful manual!

Wanted: Do you know of resources that would be valuable for police chaplains? Please email your recommendations to marion.jamer@gmail.com. Watch for an updated list of resources coming soon on our website.

The Fellowship of Christian Peace Officers – Canada (FCPO) announced in the Blue Line magazine and other promotional venues that it is launching a new project in an effort to give "hope and help to peace officers managing the unique demands and rigors of the job." FCPO distributed free copies of *Peacemakers*, a pocket-sized book that contains books of the Christian bible, on July 3 at the Toronto Police Service (TPS) headquarters. The book, which includes the New Testament, Psalms and Proverbs, is designed to appeal to people working in law enforcement, says a media release by the FCPO. It includes pages of personal stories written by police officers and chaplains on topics such as suicide and substance abuse.

"Like many people, I draw on faith as part of my coping strategy in times of crisis," says TPS Sgt. Jesse Weeks. "This book contains scriptures that are relevant for today's policing environment and the personal articles written by police officers also resonate with me. I'm sure they will benefit many of my colleagues."

FCPO is planning similar free offerings at other police services across Canada, as funding permits. For more information please email fcpo.aapc@gmail.com.



The Lighter Side

A snail hitched a ride with a friendly turtle. As they reached an intersection another turtle came along and rammed into them!

A cop came and questioned the snail: "What happened here?"

The little snail replied, "I don't know -- it all happened so fast."

Sometimes someone unexpected comes into your life outta nowhere, makes your heart race and changes your life forever . . . we call these people cops.



2019 CPCA Dues: \$90 after March 31 (when prior to March 31 dues are \$75).

Frais 'adhésion: 90\$/personne (après le 31 Mars), 75\$ / personne (si payé avant le 31 Mars)

There are two options for making payments:

1. E-transfer the money to our CPCA Secretary/Treasurer John Tyrrell at frjohntyrrell@hotmail.com

2. Or send a cheque to Canadian Police Chaplain Association
c/o Brian Krushel, Registrar
2803 – 55th Street
Camrose, Alberta
T4V 4A3

If you require an invoice to submit to your agency, or a receipt for payment, please check your email from Brian Krushel at regcpcaistrar@gmail.com requesting payment, or contact Brian directly.

Thank you for your support of the CPCA!



Canadian Police Chaplain Association
Association Canadienne Des Aumôniers De Police

Are you interested in knowing more about the Canadian Police Chaplain Association? Our website provides information on Membership, Resources, our history, our Constitution, Basic Certification Requirements, previously published Newsletters, latest updates on the 2019 Annual Training Seminar in Halifax, and much more! Check us out at <http://canadianpolicechaplains.com/>

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The CPCA Leadership Team meets via Zoom on a monthly basis. Please contact one of us if you have prayer requests, suggestions, or information to share on newsworthy events. We appreciate your support and prayers as we work for you!



Canadian Police Chaplain Association
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